

# Camp Combe YMCA

## Adventure Bound Packing List

### Water Trips: Lake George Sailing, WW Kayaking & WW Rafting

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Please follow this list as closely as possible; being properly equipped for this trip is important to your camper's health, safety, and enjoyment. Please refer to the included *Notes about Specialized Equipment for Trippers* for additional details about items marked with an asterisk (\*) or call our office (845-526-0808) for assistance.

- ✓ Pack gear in duffel bags, stuff sacks, or backpacks (no suitcases!).
- ✓ Campers must have all of the required items prior to arrival at Camp.
- ✓ Remember to pack as efficiently as possible, everything will be loaded into tight spaces.
- ✓ **Mark all personal gear clearly with your camper's name.**

#### Clothing

- Raincoat** – quick drying (no cotton)
- Shirts** – 2 short-sleeved, 1 quick dry (non cotton) is ESSENTIAL
- Shorts** – 2 pair, quick dry is best
- Pajamas**- (sweatpants, long sleeve shirt, etc)
- Swimsuit** – 1
- Socks** – 3 Pair cotton/wicking
- Underwear** – 3 Pair
- Wet Shoes**– THESE ARE ESSENTIAL! Closed toed water booties, sport sandals with ankle strap
- Dry Shoes\*** – Sneakers with tread
- Summer Hat** – Ball cap or wide brimmed for sun

#### Gear

- Day Pack** – Small backpack for carrying daily items and water during the day
- Sleeping Pad**– Ensolite style foam pad or Thermarest style with patch kit\*
- Sleeping Bag** – (Synthetic insulation) with waterproof stuff sack or garbage bag-line stuff sack
- Flashlight or Headlamp** – With extra batteries and bulb
- Sunglasses** – With retainer cord!
- Water Bottle or Hydration Bag System\*** – 2 (32-oz) bottles or 1 bag + 1 bottle
- Towel** – 1 ('pack' towel or regular)
- Toiletries** – toothbrush, toothpaste, deodorant, etc.

- Eating Utensils (No Knives)** – Metal teaspoon, tablespoon, fork or spork
- Travel Mug** – For drinking hot cocoa/tea
- Bowl** – Durable plastic or lexan; 8-10" in diameter and 2" deep
- Sunscreen** – SPF 15+, full bottle IS ESSENTIAL!
- Insect Repellent** – non-aerosol; avoid 100% DEET

#### Optional Items

- Camera and Film** – A disposable with flash or a waterproof disposable allow for great pictures throughout the trip; be sure to put your name on each camera!
- Bandanna**
- Hackysack**
- Playing Cards**
- Books or Magazines** with appropriate content
- Journal or Notebook with Pen**
- Dry Bags**

#### Prohibited Items

- **Electronics** – Portable music players, video games, walkie talkies, laptop computers, hairdryers, etc. **Please, no cell phones.**
- **Firearms, Hatchets or Knives**
- **Lighters, Matches, Fireworks**
- **Jewelry** or other valuables
- **Alcohol, Tobacco, or Illegal Drugs**

**The YMCA is not responsible for the theft of or damage to personal equipment.**

**Please LABEL ALL your equipment and clothing and LEAVE ALL valuables not necessary to the trip at home.**